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hello



**COMMUNITY
FOUNDATION**
south okanagan | similkameen
Food Security Summit
September 20, 2024

View of citx^ws paqəlqyn (Naramata) from The KVR Trail





COMMUNITY FOUNDATION

south okanagan | similkameen

Our Vision: A healthy, caring,
inclusive and thriving South
Okanagan Similkameen region.

Thank you to our Food Security Summit Partners



A DIVISION OF FIRST WEST CREDIT UNION



Naramata Centre
You Belong Here

swit ask^wist



what is your name



Our Agenda

- **9:45** Summary of the Community Foundation's growing involvement with food security in the South Okanagan Similkameen; brief review of the Background Report
- **10:15** Presentation by Ntamtqen Community Garden & Food Hub
- **10:30** First round of conversation (*small group discussion/debrief*)
- **12:00** Lunch
- **1:00** Presentations from Summerland Seed to Feed Project; Young Agrarians
- **1:15** Second round of conversation
- **2:45** Presentation by Local Motive/Summerland Food and Innovation Hub
- **3:00** Your thoughts on the day; an invitation to continue the conversation
- **3:30** Close; reception on the lawn of Columbia Hall

Some guidance for the day:

- Be positive!
- Be curious!
- Be well.

CFSOS's Road to Today's Summit



Timeline

2022

CFSOS Grants Committee asks that Food Security be made a priority by the Foundation due to the significant number of grant requests addressing the issue.

City of Penticton Social Development planning meetings present the opportunity to lead local food security conversations.



Vital Signs 2023

\$1,264

Monthly cost of healthy food³⁷

Recent data (2022) from the British Columbia Centre for Disease Control estimates the monthly cost of healthy food for a family of four at **\$1,264** in the Okanagan, an increase over the **\$1,020** reported in 2017.

Food bank usage in 2022³⁸

Food banks in the region report clients increasing by 20-100% between 2021 and 2022, and no relief is on the horizon. Rapidly rising food costs, interest rates, and rental rates are leaving residents feeling squeezed.

“Food affordability is affecting our household for the first time in decades.”

~Anonymous comment by survey respondent

Survey Says:⁸

Can your household afford an adequate amount of healthy food?

- Yes, all of the time: **51.2%**
- Yes, most of the time: **30.6%**
- Yes, some of the time: **14.8%**
- Rarely/never: **3.4%**

“I make \$27.00 per hour and need to work more than one full-time job to be able to afford the luxury of eating healthy.”

~Anonymous comment by survey respondent

Timeline (continued...)

2023

The loss of **Fill the Food Gap Penticton** is the catalyst for meetings with food access organizations in Penticton. CFSOS acts as convenor, with support from **City of Penticton** and **United Way**.

CFSOS Strategic Plan update includes Food Security as our **Impact Focus Area**.

2024

Foundation continues to meet with local food access organizations and leads a successful collaborative funding application to the **Critical Food infrastructure Grant** program.

CFSOS staff are part of many food related conversations across the Okanagan, including the **United For Food Summit**.



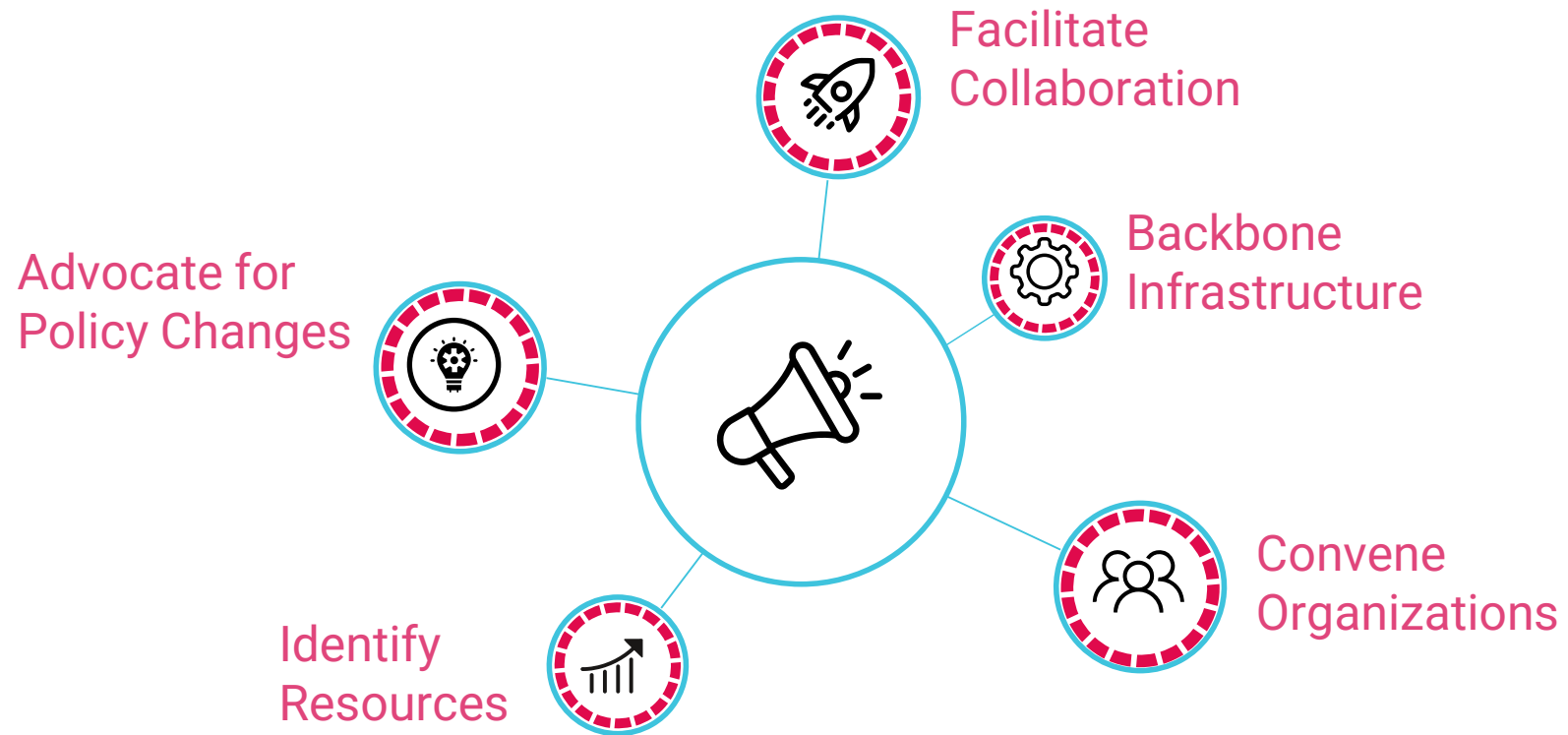
Our approach so far:

- Continuing to support the immediate needs of food access programs in our region.
- Working collaboratively to improve the capacity and effectiveness of food access programs.
- Exploring opportunities at the food system level to enhance regional food security and help create positive social, environmental and economic impacts.



[Source: Local Food Peterborough \(localfoodptbo.ca\)](http://localfoodptbo.ca)

Moving forward: Possible roles for CFSOS



The Food Security Summit Background Report

South Okanagan Similkameen Food Security Summit

Background Report

September 2024

*Prepared for: The Community Foundation
of the South Okanagan Similkameen*



Prepared by: Synapse Strategies



Presentation: Ntamtqen Community Garden and Food Hub



Questions: Round 1

“What can a sustainable, resilient and accessible SOS food system do to enhance our region’s food security? What can it contribute to building a healthy, caring, inclusive and thriving South Okanagan Similkameen?”



Presentations: Summerland Seed to Feed Program; Young Agrarians

Summerland
FOOD BANK
& Resource Centre



Questions: Round 2

“What does our journey look like to a more sustainable, resilient and accessible SOS food system that enhances our region’s food security? What are the next best steps forward for all of us together? For the Community Foundation?”



Presentation: Summerland Food and Innovation Hub



Your Reflections...



And an invitation.

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thank you

